

# 101+ Care Package Ideas For Your College Student

## FRESH AS A DAISY

- toothpaste
- toothbrush
- floss
- tissue
- shampoo
- conditioner
- razor blades
- lip balm
- face wash
- sunscreen
- shaving cream
- deodorant
- body wash
- baby wipes
- hair gel
- contact lens solution
- Q-tips
- cotton balls
- hair ties
- hand lotion
- aftershave
- nail polish

## SNACK ATTACK

- granola bars
- microwave popcorn
- hot cocoa mix
- instant oatmeal
- soup
- mints
- gum
- tea bags
- crackers
- Pringles
- dried fruit
- trail mix
- instant coffee
- cliff bars
- goldfish
- candy

## GET WELL | FIRST AID

- hand sanitizer
- pocket tissues
- cold medicine
- cough drops
- herbal tea
- vitamin C
- Emergen-C
- saline nasal spray
- bandaids
- Bactine
- antibiotic ointment
- tweezers
- alcohol pads
- anti-itch cream
- Icy-Hot
- Clorox wipes

## STRESS RELIEF

- silly putty
- bouncy ball
- slinky
- playing cards
- coloring book
- crayons
- crossword puzzles
- magazines
- hacky sack
- yo-yo
- Play-doh
- silly string
- bubbles
- stress ball
- books
- sudoku

## STUDY SESSION

- sticky notes
- highlighters
- USB drive
- pens and pencils
- leads and erasers
- classical music CD
- agenda
- binder clips
- bookmark
- extra headphones

## HOLIDAY HAPPINESS

- Halloween items
- mini Christmas tree
- strings of lights
- mini menorah
- Easter baskets
- St. Patrick's gear
- Valentine's items
- garland
- window clings
- door decorations
- mini wreath
- American flag
- patriotic decorations
- Cinco de Mayo items

## FIX-IT KIT

- needles and thread
- duct tape
- batteries
- super glue
- safety pins
- extension cord
- bungee cord
- air fresheners
- eyeglass repair kit
- pocket screwdriver

## GIFT CARDS

- Starbucks
- Panera
- Subway
- Peet's
- Chipotle
- Au Bon Pain
- McDonald's
- Domino's Pizza
- Walmart
- Target
- iTunes
- Amazon
- Netflix
- local grocery store